



Calgary Rowing Club

Level 1 Boat Use Policy

Effective: May 1st 2015

Overview:

The purpose of the Level 1 boat policy is to maintain a high-functioning group of boats for high-level competitive sprint events. By reducing the use of these boats, ensuring that they are only used during coached practices and by experience rowers, these boats are less likely to be damaged and can maintain racing form over a longer period. This type of policy is common at many clubs.

Level 1 Policy:

A) Criteria for use:

1. Competitive training purposes:
 - a) Members rowing **Level 1** shells must be training for, or have competed in, at least one of the following sprint regattas during the current year: Henley, NRCs, University Championships or Canadian Masters Nationals Championship (or equivalent events identified by coaching staff and members of the Board of Directors at the annual season planning meeting).
 - b) Members rowing **Level 1** shells must be boated specifically by their coach.
2. Experience of crew members:
 - a) Members rowing **Level 1** shells must be highly experienced with a minimum of 2 years of consistent competitive rowing or by coach's discretion.
3. During program times only:
 - a) The use of these shells shall be restricted to established coached program times only.
 - b) Permission to use a **Level 1** shell must be granted by the coach on duty during the program time

B) Shell Identification and Storage:

1. All **Level 1** shells shall be identified by signage, or a sticker that is unique in color and highly visible
2. Shell Storage: The rack that every **Level 1** shell is assigned to will be identified by boat name and sign or sticker that is unique in color and highly visible.