

Alberta Rowing Association



Indoor Rowing Championships

The Alberta Rowing Association is hosting its annual Indoor Rowing Championships on March 13th, 2010 at the Lacombe Upper Elementary School in Lacombe, AB. At the conclusion of the erg competition, there will be a key-note speaker and a light lunch provided. Registration can be done on the day of the event, however advanced registration is preferred.

Events: Start Time: 9:30am

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| 1. Master Women | OPEN (1000m) |
| 2. Master Men | OPEN (1000m) |
| 3. Junior Women | NOVICE |
| 4. Senior Women | NOVICE |
| 5. Junior Men | NOVICE |
| 6. Senior Men | NOVICE |
| 7. Junior A Women | OPEN |
| 8. Junior B Women | OPEN |
| 9. Junior A Men | OPEN |
| 10. Junior B Men | OPEN |
| 11. Senior A Women | OPEN |
| 12. Senior B Women | OPEN |
| 13. Senior A Women | Lightweight |
| 14. Senior B Women | Lightweight |
| 15. Senior A Men | OPEN |
| 16. Senior B Men | OPEN |
| 17. Senior A Men | Lightweight |
| 18. Senior B Men | Lightweight |
| 19. Team Relay – University | |
| 20. Team Relay – Open | |

Notes:

The ARA Indoor Championship results are used to assist in calculating summer funding for Henley. This funding is only open to those athletes competing for AB clubs at Henley. To be eligible for this funding, athletes must compete at the event; unless they are away or are sick/injured. In the event that an athlete is away or sick/injured, alternative arrangements must be made to submit times.