



CALGARY ROWING CLUB

PO Box 36117 - 6449 Crowchild Trail S.W.

Calgary – Alberta T3E 7E6

Tel.: 249-2880 Fax: 240-9823

calrow@telusplanet.net

www.calgaryrowing.com

2010 Summer Instructor

40 hours per week, term starting May 1st – August 27th 2010

Reply to CRC (calrow@telusplanet.net) by April 1st 2010

- Implement spring High School visits to increase awareness of sport among Junior age group.
- Coach morning adult Learn to Row sessions, as well as any high school phys-ed sessions that may be assigned.
- Assist novice rowers in the transition from a summer program to a permanent rowing program. This would include making novice rowers feel welcome at the club through answering questions, and explaining the various training opportunities available
- Coach Youth Rowing Camp sessions in July and August. Youth Rowing Camps run Mon-Fri 8:30 – 4pm, ages 13-18 yrs. No camps are planned for August 4-8. Individuals may take the week off to compete or we can find alternate duties at CRC.
- Mentor and supervise the Assistant Youth Rowing Camp Coach
- Exhibit patience and willingness to teach youth about various elements of rowing, such as the elements of the stroke, and boat handling techniques
- Ensure that young rowers have a positive rowing experience through making the camps fun, such as developing fun competitions and dry land training games
- Learn how to modify the youth rowing camps based on the various experience levels of the program participants.

- Clearly articulate to the program participants all aspects of rowing including training options, scholarship opportunities, and competitive opportunities like Canada Summer Games, CanAmMex and the Junior National Team.
- Possess (or be willing to attain) Pleasure Craft Operators Card

Reply to CRC (calrow@telusplanet) by April 1st 2010